

A HERO DOESN'T NEED TO WEAR A CAPE TO
make a difference.



I will use my powers to do good for my community.
A few ways I can help make a difference include:

- take shorter showers
- turn the water off while brushing my teeth
- select a cause to support as a family
- find ways to volunteer as a family
- donate old toys and books to a children's shelter
- clean up my mess and put trash in the garbage can
- pick up litter at my local park
- donate musical instruments or sports equipment I no longer use
- wash cars and donate the money to a local charity
- bring supplies to an animal shelter
- volunteer to read books to residents in a nursing home
- donate outgrown clothes
- volunteer at the animal shelter by playing with the animals
- plant something
- reuse paper when drawing
- recycle trash
- write a thank you note and send it to our troops
- color a picture and give it to a neighbor
- donate coloring books and crayons to a children's hospital

I pledge to do my best to be a kindness hero.

(My Name)

GIVATION
kindness network

Learn more ways you can make a difference in our community at givation.org or follow us on Facebook.